

# Personal Safety Nets® News

Help yourself by helping those you love this holiday season

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## Dear Linda,

Welcome to our first newsletter. Congratulations on taking a first step toward making your life safer and more secure!

*With each newsletter we'll be offering you a tip about how you can be prepared for life's inevitable changes and challenges. Tips will look at how to create, implement, or improve an aspect of your Personal Safety Nets® team.*

## HELP THOSE YOU LOVE THIS HOLIDAY SEASON

Personal Safety Nets® is the only currently published book to describe how to gather, prepare, and employ a team to effectively respond to any and all of life's changes and challenges. Do as others have done. Share a copy of this book with your loved ones. Give one to everyone you count upon. You, and they, will be glad you did! To learn more or to make purchases, go to [www.SafetyNetsUnlimited.com](http://www.SafetyNetsUnlimited.com).

## YES! MAGAZINE SAYS "YES!"

In the YES! Magazine review of Personal Safety Nets®, Lisa describes how reading our book changed her way of responding to a major health crisis. First there was a health issue to which she responded in her accustomed way, then when she encountered a second serious medical issue, after reading and using the tips from our book, she asked herself why the two experiences were so different. Her answer: "I credit almost all of it to reading Personal Safety Nets® and applying the wisdom of Gibson and Pigott." To read her review and suggestions, visit our website to see [what people are saying](#). This is just one of many examples of how using ideas, tips and stories from Personal Safety Nets® can strengthen life for you and your loved ones.

**THIS ISSUE'S TIP:  
EFFECTIVE COMMUNICATION WORKS**

Create a common language and set of expectations among your team members *before* there is a crisis. Reading the same book can help you understand each other when there's something important that comes up. It's OK to talk about hard things such as what you'd like to have happen if you were in a nasty car accident. When do you or don't you want life support? Who do you want to take care of your cat? Be curious, not judgmental, and take notes. These will help immeasurably whenever the team is needed.

**SPECIAL HOLIDAY DISCOUNT**

Whatever your holiday tradition, reading or giving this book will bring light to you and your loved ones

**Original 2006 Hardback edition \$20.00**

**(1/3 off original price of \$29.95)**

**Sale lasts through Valentine's Day 2008**

**QUICK LINKS**

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For **bulk orders**, or for personalized or autographed copies, call us at 206-933-6577. It's also available online or at a bookstore near you.

May your holidays be filled with light and love.

**Sincerely,**

Judy Pigott and John Gibson  
Personal Safety Nets®

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