



[diane.jpg](#) [1]



Finding Herself & Personal Safety Nets

Our friend, Diane Venti, wrote to tell us . . .

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[suzanne_0.jpg](#) [3]





Knowing I'm Connected

I'm was the victim of "one of those emails." You know the kind. Everyone in your address book gets one a saying you've had some terrible experience in a foreign country (fill in the country) and that you regret the request, but you're in need of some amount of money (fill in the amount) immediately, and can they be a doll and quickly send the money.

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[audette_1.jpg](#) [5]



Don't Wait to Begin Helping!

New Zealand-born Audette Exel lives a double life.

In New York, London, Bermuda and Sydney, she's the owner and head of Isis AP, which advises companies on mergers and raises money for fund managers, but Exel is better known as the caftan-wearing founder and chief fundraiser of the [Isis Foundation](#) [6], which provides life-saving health care and education for 20,000 people a year in two of the world's most impoverished nations, Nepal and Uganda.

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[denise.jpg](#) [8]



Resilience helps Denise through Tough Times

Just months shy of retirement eligibility, having dedicated over 19 years of loyalty to her employer, Denise was told she'd been an exemplary manager but her services were no longer needed, effective immediately. In a moment, Denise went from being the primary income earner for her family to the ranks of the unemployed.

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Friends do matter!

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- [Get Started](#)
 - [Who We Are](#)



After living as a nomad for over two years, on May 1, 2010, I moved into my own apartment. I was just telling a friend that I could not have made it through these past two years without my friends, many of whom I've known and remained connected to for over 30 years. These are the same friends who will be my safety net (and I theirs) as we move further ahead in life.

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