Session Ice Breakers

PSN Scavenger Hunt

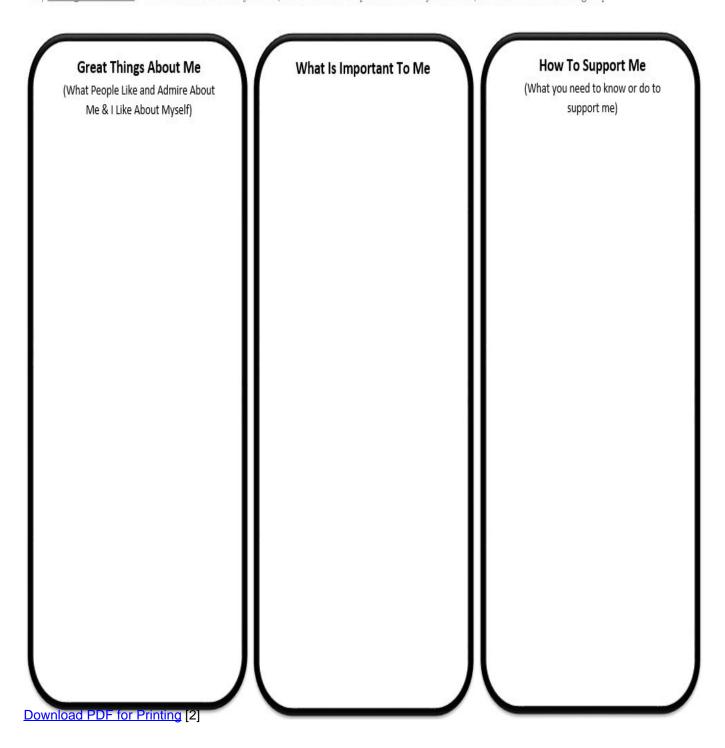
Someone who has read the book: Personal Safety Nets.	Someone who has a plan for staying healthy.	Someone who completely relies on family & friends when help is needed.
Someone who knows where they sit financially.	Someone who can identify how they calm themselves when upset.	Someone who can identify 2+ community organizations that an help them in times of need.
Someone who has assigned durable 'POA" - Power of Attorney to someone. Name:	Someone who has a mentor. Name:	Best book or movie read lately.

Getting to Know Me

Get StartedWho We Are Page 1 of 3



1 | Getting To Know Me - Icebreaker: Fill out for yourself, then share with a partner new to you. If time, introduce each other to group



CONTACT US

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Links

[1] https://personalsafetynets.org/sites/default/files/psn_scavenger-hunt.pdf

- Get Started
- Who We Are

Session Ice Breakers



Published on Personal Safety Nets (https://personalsafetynets.org)

[2] https://personalsafetynets.org/sites/default/files/handout_-_9_-_getting_to_know_me.pdf

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