Personal Safety Nets®

Audio Book & July Class

June 2009

Coming soon - Personal Safety Nets on TV - Seattle Voices with Eric Liu, June 16th at 7 p.m. on Seattle Channel 21

Dear Linda,

This summer there are three new ways to strengthen your **Personal Safety Net!**



- 1. We're delighted to announce that Personal Safety Nets is now available in a four-CD set. The audio book was recorded using three different voices and original music by Timothy Michaels. It's a perfect companion to the workbook, and ideal for those who may be:
 - visually impaired
 - commuting
 - listening to books while gardening, jogging or taking road trips

You can order Personal Safety Nets Audio Book from our on-line store, or from the home office (see below). If you're purchasing the audio book, book, workbook or combination as a gift, we'll be glad to mail it directly to the recipient with a gift card.

- 2. For those of you who want to jump-start the creation of your own personal safety net with in-person help, join us July 23 & 30 for a two-part, 4-hour workshop, Strengthen Your Safety Net Now! This is a small group workshop, so you'll have plenty of opportunity to discuss individual concerns. Location: West Seattle.
- 3. The third exciting summer event for the Personal Safety Nets crew is our second **television appearance - June 16th -** just a week or so from now. Judy and John have been invited to join Eric Liu, who hosts Channel 21's "Seattle Voices." Tune in at 7 p.m. to hear how passionately we believe in the importance of developing community and interdependence. Full list of air times posted on our website calendar/upcoming events.

For anyone who hasn't met us at one of our lectures or workshops, it's a great way to "preview" us and get a sample of the information we provide in the books and presentations. We'll explore how each of us can strengthen and support our community through life's ups & downs.

We're proud to announce that **Personal Safety Nets®** is the recipient of a Living **Now Book Award**, in the Silver Medal category. The Living Now Book Award offers a list of books that will help readers learn about enriching their lives in wholesome, earth-friendly ways.

The Personal Safety Nets Team,

Judy, John, Linda and Nate.